

HEALTH & HOUSING

WITHOUT A STABLE HOME, INDIVIDUALS AND FAMILIES ARE MORE LIKELY TO SUFFER SEVERE MENTAL AND PHYSICAL CONSEQUENCES.

Housing pressures have tremendous impacts on individuals in CA, some of whom can't afford to buy healthy food or medicine because they have to save the bulk of their income for housing.



"The connection between health and the dwelling of the population is one of the most important that exists."



- Florence Nightengale
Founder of Modern Nursing

SAFE, AFFORDABLE HOUSING IMPROVES QUALITY OF LIFE

Weatherization, energy efficiency upgrades, and other new building techniques included in new affordable housing developments have a myriad of positive health outcomes, including; reduction in asthma, mold sickness, accidental injury, and depression.



LOWER MORTALITY RATES

With a safe and affordable home, Californians are able to maintain better relationships with their health provider, purchase more nutritious food, and reduce alcohol and substance abuse. All of which lower mortality rates.

AFFORDABLE HOUSING IS A COST-EFFECTIVE PUBLIC HEALTH STRATEGY

- In studies by the Alameda County Public Health Department and the Oakland research firm PolicyLink Center for Infrastructure Equity, 94% of healthcare workers said the stress of inadequate or unstable housing was affecting their clients' health, in many cases nullifying the services that county health programs provide for needy communities.
- Other states, like Massachusetts, report decreased Medicaid costs of over \$9,000 per person, per year from a program offering an affordable place to live with comprehensive services.

California Housing Consortium is working with a growing statewide coalition of stakeholders to increase affordable housing construction to provide better health outcomes for individuals and families struggling to keep up with California's skyrocketing rents.

HEALTH & HOUSING

MANY HEALTHCARE WORKERS IN CALIFORNIA ARE LIVING PAYCHECK TO PAYCHECK: A SNAPSHOT OF HOUSING AFFORDABILITY FOR HEALTHCARE WORKERS

New data shows many professionals in the healthcare industry can't afford to rent a basic one-bedroom apartment in California. We are pricing out too many crucial professions from our communities. These jobs can't be outsourced, and housing predicaments hurt patients and communities.



PAYCHECK TO PAYCHECK

Healthcare support workers struggle to find affordable housing near their workplaces in California. Rising rents have far outpaced modest wage increases for over 300,000 healthcare support workers, forcing many professionals to live paycheck to paycheck. This is not surprising given the generally high cost of housing throughout the state relative to household income.

HEALTHCARE WORKERS STRUGGLE TO FIND AFFORDABLE RENTALS*:

- Pharmacy Aides can afford to rent a one-bedroom home in 1 of California's 25 Metro Areas
- Healthcare Support Professionals can afford to rent a two-bedroom home in only 8 of 25 Metro Areas
- Dietetic Technicians can afford to rent a two-bedroom home in 9 of 25 Metro Areas
- Substance Abuse and Behavioral Disorder Counselors can afford to rent at two-bedroom home in 12 of 25 Metro Areas

THE AVERAGE 2016 SALARIES FOR THE FOLLOWING OCCUPATIONS WERE NOT ENOUGH TO AFFORD** TO RENT OR OWN AN AVERAGE ONE-BEDROOM HOME IN CALIFORNIA:

- Occupational Therapy Aides
- Ophthalmic Medical Technicians
- Medical Transcriptionists
- Community Health Workers
- Dietetic Technicians
- Pharmacy Technicians
- Medical Transcriptionists
- Medical Equipment Preparers
- Substance Abuse and Behavioral Disorder Counselors
- Personal Care Aides
- Skincare Specialists
- Dental Assistants
- Medical Secretaries
- Message Therapists

*To be affordable, the cost of rent and utilities must not exceed 30% of household income

**Household affordability estimates from HUD's FY 2015 Fair Market Rents. Available at www.huduser.org/portal/datasets/fmr.html

Wage data is from Occupational Employment Statistics and Wages (OES) semiannual mail survey measuring occupational employment and occupational wage rates for wage and salary workers in California, by industry. Available at: <http://www.labormarketinfo.edd.ca.gov/>